

TUCKER & BEVVY

////////// PICNIC FOOD

LUNCH / DINNER PANINI & BURRITOS

| | |
|---|-------|
| PESTO CHICKEN PANINI mozzarella, tomato..... | 10.99 |
| TURKEY CLUB PANINI bacon, tomato, Swiss cheese, green goddess | 10.99 |
| VEGGIE STACK PANINI eggplant, sweet potato, zucchini, peppers, provolone, basil pesto *w-nuts | 10.99 |
| HAM + SWISS PANINI | 10.99 |
| CAPRESE PANINI tomato, fresh mozzarella, basil pesto..... | 10.99 |
| TUNA MELT PANINI tuna salad with capers, red onion, tomato, cheddar | 10.99 |

SANDWICHES & COLD WRAPS

| | |
|---|------|
| CHICKEN BLT SANDWICH with mayonnaise + celery, apple wood bacon, tomato, greens | 9.49 |
| CURRIED CHICKEN SANDWICH with mayo, raisins + almonds, carrot, greens *with-nuts..... | 9.49 |
| TURKEY CRANBERRY SANDWICH with greens | 9.49 |
| TURKEY PESTO SANDWICH with mozzarella, tomato | 9.49 |
| EGG SALAD SANDWICH with mayonnaise, greens | 9.49 |
| HAM + EGG SALAD SANDWICH | 9.49 |
| TUNA SALAD SANDWICH with greens, tomato..... | 9.49 |
| SMASHED CHICKPEA SANDWICH with Chickpeas, Veganaise, Cucumber, Carrot, Greens..... | 9.49 |
| VEGGIE PESTO SANDWICH with Roast Eggplant, Roast Yam, Red Pepper, Provolone Cheese, Greens, Pesto..... | 9.49 |
| TURKEY + GREENS WRAP turkey, organic greens, green goddess | 9.49 |
| BUTTERNUT + HUMMUS WRAP with pistachio dukkah, roasted red peppers, organic greens *w-nuts..... | 9.49 |
| SPICY CHICKEN WRAP with Spicy Chicken, greens, tomato, spicy ranch dressing | 9.49 |
| MISO GLAZED TOFU WRAP with Miso glazed tofu, greens, cucumber, tomato, green onion, sesame dressing | 9.49 |
| CURRIED CHICKEN WRAP with mayo, raisins + almonds, carrot, greens *with-nuts..... | 9.49 |
| TURKEY PROVOLONE WRAP with Turkey, provolone, greens, tomato, vinaigrette | 9.49 |
| HAM SWISS WRAP with Ham, Swiss, greens, tomato, vinaigrette..... | 9.49 |

GREEN SALADS (Gluten-Free, Organic Greens)

| | |
|---|-------|
| ALMOND CHICKEN SALAD fresh mint, carrot, grape tomatoes, cucumber, red cabbage, sesame, Asian dressing *w-nuts | 12.49 |
| KALE SQUASH SALAD roasted butternut, quinoa, French lentils, tamari seeds, lemon dressing (Vegan)..... | 12.49 |
| BEET FETA WALNUT SALAD carrots, cucumber, grape tomatoes, red cabbage, orange-ginger vinaigrette *w-nuts | 12.49 |
| MEDITERRANEAN CHICKEN SALAD chicken shawarma, cucumber, tomato, quinoa tabbouleh, feta, lemon-tahini dressing | 12.49 |
| GREEK SALAD with falafel chickpeas, organic greens, quinoa tabbouleh, feta, red onion, tomato, cucumber, Kalamata olives, lemon-tahini dressing | 12.49 |
| TUNA SALAD with falafel chickpeas, organic greens, tomato, cucumber, vinaigrette | 12.49 |
| CHICKEN + DUKKAH SALAD with organic greens, tomato, cucumber, dukkah, lemon wedge, lemon dressing *w-nuts | 12.49 |
| CURRIED CHICKEN SALAD with organic greens, cucumber, red cabbage, carrot, almonds, orange-ginger dressing *w-nuts..... | 12.49 |

SIDE SALADS

| | |
|---|------|
| ASIAN RICE NOODLES chicken, fresh mint, carrot, cucumber, tomato, peanuts, sesame, lettuce, Asian dressing *w-nuts (Gluten-Free) | 9.49 |
| BUCKWHEAT SOBA, organic tofu, miso roasted broccoli, edamame, sesame, scallions, lettuce, ponzu dressing (Vegan)..... | 9.49 |
| ORGANIC PASTA + Basil pesto, fresh mozzarella, grape tomatoes..... | 9.49 |
| LENTILS + GRAIN BOWL quinoa, lentils, farro, salad with kale, red cabbage, carrot, almonds, raisins, green onions, orange-ginger vinaigrette *w-nuts..... | 9.49 |
| HAWAIIAN MAC SALAD macaroni, egg, potato, carrot, celery, onion | 9.49 |

TUCKER & BEVVY

////////// PICNIC FOOD

BREAKFAST PANINI & WRAPSeggs are cage free

| | |
|---|-------|
| BACON, EGG + CHEDDAR PANINI | 9.49 |
| HAM, EGG + SWISS PANINI | 9.49 |
| ORGANIC SPINACH, EGGS + PROVOLONE PANINI | 9.49 |
| BREKKIE WRAP smoked bacon, chicken sausage, scrambled eggs, potatoes, cheese, salsa..... | 10.99 |
| VEGAN BREAKFAST BURRITO plant-based chorizo, plant based just egg, potatoes, salsa..... | 10.99 |
| KEIKI GRILLED CHEESE- mozzarella + cheddar | 4.99 |
| SMOKED SALMON BAGEL- Cream Cheese, Capers, Lemon (<i>organic sprouted grain by request</i>) | 13.49 |
| SMASHED AVOCADO TOAST Local Avocado, T&B pistachio dukkah on organic sprouted grain w-lemon..... | 10.99 |

HEALTH BOWLS *w-nuts

| | |
|--|-------|
| ORGANIC ACAI with Fresh Fruit, House Made Organic Granola + Chia Haupia..... | 13.49 |
| GREEN BANANA (<i>Organic Kale + Spinach</i>) with Fresh Fruit, House Made Organic Granola + Chia Haupia..... | 13.49 |

BAKED BY US...

| | |
|--|------|
| Banana Bread with Chocolate Chunks | 5.99 |
| Mango Macadamia Nut Bread | 5.99 |

COLD PRESSED JUICES 16oz bottle

| | |
|--|------|
| Lean Green Pineapple, kale, spinach, parsley, cucumber, celery, ginger | 8.99 |
| Getcha Greens Romaine, kale, spinach, parsley, cucumber, celery, ginger, lemon..... | 8.99 |
| Pineapple Just Hawaiian Pineapple | 8.99 |
| Watermelon Just Hawaiian Watermelon..... | 8.99 |

REAL FRUIT SMOOTHIES 12oz

| | |
|--|------|
| Green Paradise banana, organic spinach + kale, coconut milk, apple juice..... | 6.49 |
| Tropical Storm mango, pineapple, banana, pineapple juice | 6.49 |
| Berry Berry strawberry, blueberry, raspberry, apple juice | 6.49 |
| Pina Colada pineapple, banana, coconut milk, pineapple juice | 6.49 |
| Sunset papaya, strawberry, mango, apple juice | 6.49 |
| Triple Banana banana, banana, banana, apple juice | 6.49 |

PICNIC SHOPS ~ Park Shore Hotel Waikiki ~ Hyatt Regency Waikiki Beach Resort
 Tucker and Bevvly LLC 2586 Kalakaua Ave., Honolulu HI 96815 (808) 922-0099 www.tuckerandbevvly.com
 CATERING + WHOLESALE catering@tuckerandbevvly.com